Driving Instructor Training:
Understanding Autism
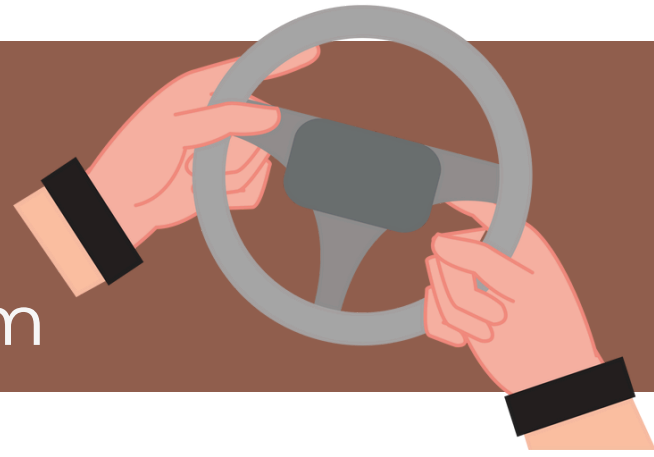
Learning to drive can be complicated when you perceive the world differently

Team Cohesion provides training to help **driving instructors and volunteers** learn about Autism enabling them to individualise their approach with autistic learner drivers.

Differences in sensory perception and processing input can make it overwhelming for autistic learner drivers to concentrate and focus on driving tasks. Driving instructors need an understanding of autistic experience to be able to provide guidance and implement supportive strategies.

This 90-minute training focuses on:

- What is Autism?
- Autism and co-occurring conditions
- Differences when learning to drive:
    - Cognitive
    - Communication
    - Perception
    - Sensory
    - Heightened Anxiety
- Supportive Strategies
- Strengths of Autistic Drivers

Contact Team Cohesion to enquire about our Autism Driving Instructor Training